

BREAKFAST/MORNING TEA

All ready to take away and just eat

Minimum order 12

Our famous egg rolls:

- egg & bacon \$15.00
- egg & salmon \$15.00
- egg & haloumi \$15.00
- egg, avocado & sesame \$15.00
- egg & sausage \$15.00
+ cheese \$2.00

Coconut chia pots (vegan) \$8.50

Toasted granola, fruits & coconut yoghurt \$8.50

Pastries:

Almond croissant \$7.00

Plain croissant + preserves \$5.50

Pain au chocolate \$6.50

Fruit muffin \$5.50

Scones, jam & cream \$5.50

Cold pressed juices:

Orange \$8.50

Apple \$8.50

Glowing green \$8.50

WORKING LUNCH

Rolls & Sandwiches (Gluten Free available) \$15.50 (Minimum order 12)

- Roast chicken & cranberry stuffing
- Corned brisket, cabbage & mustard
- Mushroom & halloumi
- Smoked salmon & sour cream
- Grilled broccoli, chilli & fetta
- Smoked chicken, avocado & jalapeño
- Roast beef, horseradish & cress
- Prawn cocktail & cos lettuce

Salads (dietaries can be catered for) \$7.50 side serve (Minimum order 10) \$15.50 full serve (Minimum order 6)

- Smoked salmon, potato & caper
- Beetroot, goats cheese & hazelnut
- Brown rice, seaweed & edamame
- Roast cauliflower, cashew cream & chilli
- Sweet potato, sour cream & jalapeño
- Green bean, cherry tomato, olives & fetta
- Miso roast broccoli, mungbean & mirin
- Chorizo, white bean & pickled peppers

Our house made pastries

Whole cakes (all \$30 each)

- Flourless chocolate (GF)
- Ginger teacake & lemon icing
- Classic Basque cheesecake (GF)
- Raspberry & white chocolate cheesecake
- Lemon & polenta torte (GF)

Individual treats (Minimum order 10)

- Salted caramel brownie cupcakes \$5.50
- Blueberry & lemon curd cupcakes \$5.50
- Flourless orange & almond cakes \$8.50
- Sicilian ricotta torte \$8.50
- Chocolate walnut brownie \$6.50

CONTACT DETAILS : Shop 12/322 Coventry St, South Melbourne VIC 3205
Phone: 03. 96997057 Mobile: 0400 241098
Email : mr.proper.smm@gmail.com

PLATTERS FOR ANYTIME

Market Best Artisanal Grazing Platter

- Seasonal cheese, fruit, cured meats, preserved vegetables & accompaniments

Small \$65 (2-3 people)

Regular \$95 (3-5 people)

Large \$125 (5-8 people)

Fruit Platters

- Curated selection of the market's finest

Small \$35 (2-4 people)

Medium \$65 (4-6 people)

Crudites

- Raw vegetable platter & house made carrot hummus

Small \$35 (2-4 people)

Medium \$65 (4-6 people)

TERMS AND CONDITIONS:

Orders placed by 12 noon for next day collection or Friday 12 noon for weekend orders.

Order via email mr.proper.smm@gmail.com or discuss with us 9699 7057.

With notice we can provide front of house or kitchen staff at \$40 per hour.

All orders can be picked up from our South Melbourne Market café.

Delivery can be arranged with a partner driver:

0-10km \$50

11-15km \$70